

Breast Cancer Treatment Protocols: Systematic Review of the Last 35 Years

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Abstract: Breast cancer is the main leading type of cancer for women around the world and is responsible for 522,000 deaths per year worldwide. In order to reduce this number, clinicians and researchers are always looking for new strategies and protocols. However, the treatment for breast cancer is challenging and requires as much information as possible. To this end, we conducted a review of all protocols used for breast cancer treatment in the last 35 years with the objective to help clinicians to choose the best treatment possible available in their region. Many of the protocols are international references, and for that reason have been used in many countries like USA and Europe. The data, depicted in tables, may be helpful for clinicians worldwide and researchers to better understand the evolution of breast cancer protocols such as helping make daily routine decisions.

Keywords: Breast cancer, protocols, systematic review.

INTRODUCTION

Breast cancer in Western countries is a major cause of death among women. Statistics indicate a rise in frequency in developed and developing countries. According to the World Health Organization (WHO), in the 60s and 70s there was a 10-fold increase in incidence rates in the population-based cancer registries from different continents. Breast cancer is the second most common cancer worldwide (the first one is lung) and the most frequent type of cancer among women, with an estimated 1.67 million new cases of cancer diagnosed in 2012 (25% of all cancers worldwide), followed by colon & rectum, prostate and stomach. It is the most common cancer among women, with a different distribution between developed countries (794,000) and developing countries (883,000) [1]. This difference is due to access to a rapid and differential diagnosing exam. Breast cancer is ranked as the fifth leading cause of cancer deaths worldwide (522,000 deaths / year). In 2016, 1,685,210 new cancer cases and 595,690 cancer deaths were projected to occur in the United States [2]. Although considered to have relatively good prognosis if diagnosed and treated early, breast cancer mortality rates have remained high, most likely because the disease is still diagnosed in advanced stages. It is estimated that breast tumours may double in size every 3-4 months; this may represent a period of 10 years from its inception to a clinically palpable tumour.

However, after the tumour becomes palpable, duplication is readily apparent. If left untreated, the tumour develops metastases, most commonly to the bones, lungs and liver and death may occur 3-4 years after palpation discovery of the tumour if not treated [3, 4].

This type of cancer does not have a single cause. Several factors are associated with increased risk of developing the disease, such as age, endocrine factors/reproductive history, behavioural/environmental factors and genetic/hereditary factors. About 5 to 10% of cases depend on the genetic component compared to 90% from external factors [5, 6]. Among the various external factors, the following should be highlighted:

1. Endocrine factors relating to reproductive history – These factors refer to stimulating the hormone oestrogen produced by the body itself or consumed through the continued use of substances with this hormone. These factors include: history of early menarche; late menopause (after 55 years); first pregnancy after age 30; nulliparity (not having children); and use of oral contraceptives and postmenopausal hormone replacement therapy, especially with long time use. The use of oral contraceptives is also considered a risk factor by the International Agency for Research on Cancer (IARC) of the World Health Organization (WHO), although many studies on the subject have controversial results.
2. Behavioural or environmental factors – These factors include alcohol consumption, overweight

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and obesity after menopause and exposure to ionizing radiation (type of radiation present in radiotherapy and imaging tests such as X-ray, mammography and computed tomography). Smoking is a factor that has been studied over the years, with mixed results regarding the increased risk of breast cancer. Currently there is some evidence that it also increases the risk of this cancer.

3. Factors related to ionizing radiation – The risk is proportional to the dose and frequency of radiation. High or moderate doses of ionizing radiation (such as that which occurs in women exposed to radiation treatment in the chest at a young age) or low and frequent doses (such as that which occurs in women exposed to ten mammograms) increase the risk of development of breast cancer.
4. Genetic / hereditary factors – These factors are related to the presence of mutations in certain genes transmitted in the family, especially BRCA1 and BRCA2. Women with a history of breast cancer cases in blood relatives, may have a genetic predisposition and are considered to have a high risk for the disease. The following genetic factors beyond BRCA1 and BRCA2 are also involved:

ATM

The ATM gene normally helps repair damaged DNA. The legacy of a copy of the abnormal gene has been associated with high breast cancer rates in some families.

TP53

The TP53 gene provides instructions for making the p53 protein that helps prevent the growth of abnormal cells. People with Li-Fraumeni syndrome are at increased risk of breast cancer as well as some other cancers, such as leukaemia, brain tumours and sarcomas. This mutation is a rare cause of breast cancer.

CHEK2

Mutations and/or changes in this gene can cause Li-Fraumeni syndrome, and therefore increase the chances of breast cancer. Importantly, if these mutations in CHEK2 gene do not cause the syndrome of Li-Fraumeni, it may double the risk of breast cancer.

PTEN

The PTEN gene normally helps regulate cell growth. The inherited mutations in the PTEN gene lead to Cowden syndrome and increase the chances of breast cancer.

CDH1

Women with mutations in this gene are at increased risk of lobular invasive breast cancer.

STK11

Defects in this gene can lead to Peutz-Jeghers syndrome. People affected by this disorder are at increased risk of breast cancer.

PALB2

The PALB2 gene is responsible for the production of a protein interaction with the protein produced by the BRCA2 gene. Mutations in this gene might lead to an increased risk of breast cancer. It is important to emphasise that there is no evidence that alterations of PALB2 have any influence in male breast cancer.

Breast cancer is highly heterogeneous, comprising distinct phenotypic and morphological profiles. These are characterised by three basic types according to their immunohistochemical properties. They can be classified as follows:

1. Hormone receptors positive breast cancer (HR positive breast cancer): are those which are present on the oestrogen receptor (ER) and progesterone receptor (PR). HR positive breast cancer can be further divided into two subtypes: luminal A and luminal B. Luminal A: Tumours tend to be ER + and/or PR + and HER-2 (human epithelial growth factor receptor positive type 2). Luminal B: Tumours tend to be ER + and/or PR + and HER-2 positive (or HER-2 with high Ki - 67).
2. Human Epithelial Growth Factor 2 positive breast cancer (HER-2 +): some breast cancer cells have a very high number of HER2 receptors. The extra HER2 receptors stimulate the cancer cells to divide and grow. When there are higher levels of the HER2 protein in breast cancer, it is called HER2 positive breast cancer.
3. Triple-negative breast cancer: refers to any type of breast cancer that does not express the genes for ER, PR, and HER-2 receptors.

Approximately 85% of all breast cancers are HR positive. About 20% of all breast cancers are HER-2 +. The triple-negative breast cancer, also called basal-like subtype, refers to any type of breast cancer that does not express the genes for ER, PR, and HER-2 receptors. The triple-negative breast cancers comprise about 15% of the entire population of breast cancer [7, 8].

The treatment for breast cancer is difficult and requires a lot of information regarding the tumour type (invasive or not, stage, gender, pregnancy). In general, the tumour treatment may be divided in two types: i) non-invasive breast cancer and invasive breast cancer.

In non-invasive breast cancer, the main protocol is chemotherapy, followed of surgery (mastectomy) with hormonal therapy. However, for invasive breast cancer, many factors may influence the decision about which protocol to use. In general, in early stages surgery followed by chemotherapy and radiotherapy are the main protocols. In advanced stages, chemotherapy with hormonal therapy will be used, and in some cases radiotherapy and surgery will be used in just a few cases [9-16].

SYSTEMATIC REVIEW METHODOLOGY

Literature Sources

A literature search was performed in databases including EMBASE, PubMed, and Cochrane Library, using the search terms like 'cancer protocol', 'treatment of cancer' 'breast cancer protocol'. The related articles function was used to extend the search. The last search date was December 2015. Two authors independently screened the titles and abstracts to determine potential eligibility for this systematic review. A third author checked the first two authors' work and finally the fourth author stratified the information. All discrepancies were analysed and after a consensus was achieved, it was either included or not included in the study.

Inclusion and Exclusion Criteria and Data Extraction

All available randomised controlled trials and observational studies that described a cancer treatment protocol were included. The language was restricted to Portuguese and English. Editorial comments, letters to editor, review studies, and case reports were included. Conference abstracts and experimental animal studies were excluded. Moreover, because of the different

dose levels, Phase I and II trials were also excluded. Two authors independently extracted the following data from the selected articles: first author, year of publication, trial design, protocol used, outcome and statistics. In order to accurately select articles that met the inclusion criteria, two authors independently conducted the search work and evaluated each article and a third author checked the information.

Outcome

The primary outcome of this systematic review was to systematise all the protocols used for breast cancer treatment in the last 35 years worldwide.

RESULTS AND DISCUSSION

The results were depicted in Tables (1-6) in order to make the information more accessible and clear. The results were separated into periods of one decade in order to make the search easier. In the tables, the protocols were separated by adjuvant therapy, therapy for metastatic cancer (where the primary focus was breast cancer), combination regimens, and palliative therapy. In Table 6 we summarised the main drugs used and their mechanism (pharmacological). In all cases, the reference used is listed in the table as a cross reference tool.

DISCUSSION

The treatment of cancer is complex and demands a continuous updating of multiprofessional teams in the present day. In this scenario, the development of new technological resources directed to the health sector, such as the increase in the number of therapeutic procedures for the same pathologies, has simply reshaped medical practice.

Behavioral variability coupled with the exponential growth in the volume of published scientific information and the advent of Evidence-based Medicine have prompted the scientific community, hospitals and state-of-the-art diagnostic centers to seek uniformity in care delivery in order to reduce medical errors and improve the quality of services provided. In this stage the clinical protocol plays a prominent role.

Under the aegis of evidence-based medicine, clinical protocols have been developed and applied in a way that seeks to ensure minimal quality and ubiquitous access to treatment. Evidence-based clinical protocols are nothing more than therapeutic guidelines based on scientific evidence and consensus practices,

Table 1: Breast Cancer Protocols from 1970 to 1980

PROTOCOLS OF BREAST CANCER (1970-1980)						
ADJUVANT THERAPY						
TYPE HER2 NEGATIVE						
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	BIBLIOGRAPHIC REFERENCES
CMF classic	EORTC	Cyclophosphamide (C)	100	Oral	D1-14	1 In the study Tacini had no difference making 6 or 12 cycles
		Methotrexate (M)	40 (Bolus)	Intravenous	D1 and D8	
		5-Fluorouracil (F)	600 (Bolus)	Intravenous	D1 and D8	
THERAPY FOR METASTATIC TUMORS						
METASTATIC BREAST CANCER						
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	BIBLIOGRAPHIC REFERENCES
CMF + Vincristine + Doxorubicin	No information	Cyclophosphamide (C)	60	Oral	Daily	2 Metastatic
		Methotrexate (M)	15	Intravenous	Weekly	
		5-Fluorouracil (F)	300	Intravenous	Weekly	
		Vincristine	0,625	Intravenous	Weekly	
		Doxorubicin (A)	60	Intravenous	Every 3 weeks	
COMBINATION REGIMENS FOR TYPE HER2 NEGATIVE						
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	BIBLIOGRAPHIC REFERENCES
CMF classic	Bonadonna Regimen	Cyclophosphamide (C)	100	Oral	D1-14	1 No information
		Methotrexate (M)	40 (Bolus)	Intravenous	D1 and D8	
		5-Fluorouracil (F)	600 (Bolus)	Intravenous	D1 and D8	

1. Bonadonna G, Brusamolino E, Valagussa P, et al. Combination chemotherapy as an adjuvant treatment in operable breast cancer. N Eng J Med 1976; 294: 405-410
2. Hoogstraten B, et al. Combination chemotherapy and adriamycin in patients with advanced breast cancer. A Southwest Oncology Group study. Cancer 1976; 38: 13-20.

Table 2: Breast Cancer Protocols from 1981 to 1990

PROTOCOLS OF BREAST CANCER (1981-1990)							
NEOADJUVANT THERAPY							
TYPE HER2 UNKNOWN							
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC	BIBLIOGRAPHIC REFERENCES
CAF	No information	Cyclophosphamide (C)	100	Oral	D1-14	The cycle is repeated every 28 days until disease progression	Response rate of 61% in previously untreated patients 3
		Doxorubicin (A)	30	Intravenous	D1 and D8		
		5-Fluorouracil (F)	500	Intravenous	D1 and D8		
		ADJUVANT THERAPY					
TYPE HER2 NEGATIVE							
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC	BIBLIOGRAPHIC REFERENCES
AC	NSABPB-15	Doxorubicin (A)	60	Intravenous	D1	The cycle is repeated every 21 days for a total of 4 cycles	No information 4
		Cyclophosphamide (C)	600	Intravenous	D1		
CAF	No information	Cyclophosphamide (C)	600	Intravenous	D1	The cycle is repeated every 28 days for a total of 4 cycles	No information 5
		Doxorubicin (A)	60	Intravenous	D1		
		5-Fluorouracil (F)	600	Intravenous	D1		
		Cyclophosphamide (C)	50	Oral	D1-14		
CMFP	EORTC	Methotrexate (M)	15	Intravenous	D1 and D8	The cycle is repeated every 28 days for a total of 12 cycles	No information 6
		5-Fluorouracil (F)	350	Intravenous	D1 and D8		
		Prednisone (P)	20 mg (4x/day)	Intravenous	D1-7		
		5-Fluorouracil (F)	600	Intravenous	D1		
CMF	Toronto, Canada	5-Fluorouracil (F)	600	Intravenous	D1	The cycle is repeated every 21 days	No information 7
CMF	INT, Milan	Cyclophosphamide (C)	600	Intravenous	D1	The cycle is repeated every 21 days for a total of 12 cycles	No information 8
		Methotrexate (M)	40	Intravenous	D1		
		5-Fluorouracil (F)	600	Intravenous	D1		
		Cyclophosphamide (C)	600	Oral	D1		
CMF	Regime IV	Methotrexate (M)	40	Intravenous	D1	The cycle is repeated every 28 days for a total of 6 cycles	No information 5
		5-Fluorouracil (F)	600	Intravenous	D1		

THERAPY FOR METASTATIC TUMORS							
METASTATIC BREAST CANCER							
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC	BIBLIOGRAPHIC REFERENCES
CAF	No information	Cyclophosphamide (C)	100	Oral	D1-14	The cycle is repeated every 28 days until disease progression	3
		Doxorubicin (A)	30	Intravenous	D1 and D8		
		5-Fluorouracil (F)	500	Intravenous	D1 and D8		
FAC	No information	5-Fluorouracil (F)	500 (Bolus)	Intravenous	D1 and D8	The cycle is repeated every 21 days until disease progression	9
		Doxorubicin (A)	50 (Bolus)	Intravenous	D1		
		Cyclophosphamide (C)	500 (Bolus)	Intravenous	D1		
MMC-VBL	No information	Mitomycin (MMC)	10 (Bolus)	Intravenous	D1	The cycle is repeated every 28 days until disease progression	10
		Vinblastine (VBL)	5 (Bolus)	Intravenous	D1 and D15		
VATH	No information	Vinblastine (V)	4, 5 (Bolus)	Intravenous	D1	The cycle is repeated every 21 days for two cycles, assesses	11
		Doxorubicin (A)	45 (Bolus)	Intravenous	D1		
		Thiopeta (T)	12 (Bolus)	Intravenous	D1		
		Fluoxymesterone (H - Halotestin)	10 mg (3x/day)	Oral	Daily		
THERAPY FOR METASTATIC TUMORS							
COMBINATION REGIMENS FOR TYPE HER2 NEGATIVE							
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC	BIBLIOGRAPHIC REFERENCES
AC	NSABP B 15	Doxorubicin (A)	60	Intravenous	D1	Repeating the cycle every 21 days to a maximum of 8 cycles	4
		Cyclophosphamide (C)	600	Intravenous	D1		
CAF	No information	Cyclophosphamide (C)	600	Intravenous	D1	The cycle is repeated every 21 days	5
		Doxorubicin (A)	60	Intravenous	D1		
		5-Fluorouracil (F)	600	Intravenous	D1		

THERAPY FOR METASTATIC TUMORS							
AGENTS OF REGIMENS ONLY							
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC	BIBLIOGRAPHIC REFERENCES
Doxorubicin	No information	Doxorubicin (A)	20	Intravenous	D1	Repeat the cycle every 7 days	12
Mitoxantrone	No information	Mitoxantrone (N)	12	Intravenous	D1	Repeat the cycle every 21 days	13
PALLIATIVE THERAPY							
MONOTHERAPY							
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC	BIBLIOGRAPHIC REFERENCES
Mitoxantrone	No information	Mitoxantrone (N)	12	Intravenous	D1	Repeat the cycle every 21 days	13

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Table 3: Breast Cancer Protocols from 1991 to 2000

PROTOCOLS OF BREAST CANCER (1991-2000)							
NEOADJUVANT THERAPY							
TYPE HER2 UNKNOWN							
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC	BIBLIOGRAPHIC REFERENCES
Anastrozole	No information	Anastrozole	1 mg	Oral	Daily	Repeat daily for 4 to 6 months, up to 12 weeks	14
Tamoxifen	No information	Tamoxifen	20 mg	Oral	Daily	Repeat daily for 4 to 6 months	15
AC	NSABP B-18	Doxorubicin (A)	60	Intravenous	D1	The cycle is repeated every 21 days for a total of 4 cycles	16
		Cyclophosphamide (C)	600	Intravenous	D1		
EC	BCIRG B18	Epirubicin (E)	75	Intravenous	D1	The cycle is repeated every 21 days for a total of 4 cycles	16
		Cyclophosphamide (C)	600	Intravenous	D1		
FAC	No information	5-Fluorouracil (F)	500	Intravenous	D1	The cycle is repeated every 21 days in total 4 to 6 cycles	17
		Doxorubicin (A)	50	Intravenous	D1		
		Cyclophosphamide (C)	500	Intravenous	D1		
FEC	No information	5-Fluorouracil (F)	500	Intravenous	D1	The cycle is repeated every 21 days in total 4 to 6 cycles	17
		Epirubicin (E)	75-100	Intravenous	D1		
		Cyclophosphamide (C)	500	Intravenous	D1		
ADJUVANT THERAPY							
TYPE HER2 NEGATIVE							
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC	BIBLIOGRAPHIC REFERENCES
CMF	No information	Cyclophosphamide (C)	600	Intravenous	D1	Repeat the cycle every 21 days for a total of 6 cycles	18
		Methotrexate (M)	40	Intravenous	D1		
		5-Fluorouracil (F)	600	Intravenous	D1		
FEC-100	No information	5-Fluorouracil (F)	500	Intravenous	D1	Repeat the cycle every 21 days for a total of 6 cycles	19
		Epirubicin (E)	100	Intravenous	D1		
		Cyclophosphamide (C)	500	Intravenous	D1		

ADJUVANT THERAPY							
TYPE HER2 NEGATIVE							
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC	BIBLIOGRAPHIC REFERENCES
FEC	No information	5-Fluorouracil (F)	500	Intravenous	D1	The cycle is repeated every 21 days in total 4 to 6 cycles	17
		Epirubicin (E)	75-100	Intravenous	D1		
		Cyclophosphamide (C)	500	Intravenous	D1		
TAC	No information	Docetaxel (T)	75	Intravenous	D1	Repeat the cycle every 21 days for a total of 6 cycles	20
		Doxorubicin (A)	50	Intravenous	D1		
		Cyclophosphamide (C)	500	Intravenous	D1		
ADJUVANT THERAPY							
COMBINATION REGIMENS OF DOSE-DENSE FOR TYPE HER2 NEGATIVE							
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC	BIBLIOGRAPHIC REFERENCES
A → T → C	No information	Doxorubicin (A)	90	Intravenous	D1	The cycle is repeated every 2 weeks for a total of 3 cycles, followed by:	22
		Paclitaxel (T)	250 (24 h)	Intravenous	D1	The cycle is repeated every 2 weeks for a total of 3 cycles, followed by:	
		Cyclophosphamide (C)	3000 (1 h)	Intravenous	D1	The cycle is repeated every 2 weeks for a total of 3 cycles	
Filgrastin 5 µg/kg subcutaneous 3-10 days in every cycle							

ADJUVANT THERAPY						
COMBINATION REGIMENS FOR TYPE HER2 POSITIVE						
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC
AC	NSABP B-18	Doxorubicin (A)	60	Intravenous	D1	The cycle is repeated every 21 days for a total of 4 cycles
		Cyclophosphamide (C)	600	Intravenous	D1	
						16
ADJUVANT THERAPY						
REGIMENS OF SOLE AGENTS (HORMONE THERAPY)						
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC
Tamoxifen	NSABP B-14	Tamoxifen	20	Oral	Daily	Repeat daily for 5 years
						ER positive or ER unknown
						23
TRANSPLANTATION OF AUTOLOGOUS PERIPHERAL BLOOD CELLS TRUNKS						
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC
CPB (Stamp I)	No information	Cyclophosphamide (C)	1875 (1h)	Intravenous	D-6, -5 and -4	Calculation of doses is the body surface area (BSA) by the equation = [(ideal BSA) + (current BSA)] / 2 for patients ≥ 120% of their ideal body weight.
		Cisplatin (P)	55 (24h)	Intravenous	D-6, -5 and -4	
		Carbustine (BCNU) ou (B)	600 (2h)	Intravenous	D-3	
		Transplante	-	Intravenous	D-1, 0 and +1	
		Bone marrow cells	-	Intravenous	D1	
CTCb (Stamp V)	No information	Platelet Transfusion	2 etapas	Intravenous	D-2	No information
		Cyclophosphamide (C)	1500 (24h - 4 doses)	Intravenous	D-7, -6, -5, -4 and -3	
		Thiopeta (T)	125 (24h - 4 doses)	Intravenous	D-7, -6, -5, -4 and -3	
		Carboplatin (Cb)	200 (24 h - 4 doses)	Intravenous	D-7, -6, -5, -4 and -3	
		Transplante	-	Intravenous	D0	
CTM	No information	Cyclophosphamide (C)	1500 (1h)	Intravenous	D-6, -5, -4 and -3	Calculation of doses is the body surface area (BSA) by the equation = [(ideal kg + (0.25) (current kg - ideal kg)]
		Thiopeta (T)	150 (2h)	Intravenous	D-6, -5, -4 and -3	
		Mitoxantrone (M)	10 a 15 (1h)	Intravenous	D-6, -5, -4 and -3	
		Transplante	-	Intravenous	D0	
						Mitoxantrone dose of 10 mg/m ² /dose is for patients in stages II and IIIA. At doses of 10, 12.5 or 15 mg/m ² /dose patients IIIB and IV stages. Advanced disease.
						26

THERAPY FOR METASTATIC TUMORS								
METASTATIC BREAST CANCER								
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC	COMMENTS	BIBLIOGRAPHIC REFERENCES
CMF	Italian	Cyclophosphamide (C)	100	Oral	D1-14	No information	No information	27
		Methotrexate (M)	40	Intravenous	D1 and D8			
		5-Fluorouracil (F)	600	Intravenous	D1 and D8			
CMF	Italian	Cyclophosphamide (C)	600	Intravenous	D1-21	No information	No information	27
		Methotrexate (M)	40	Intravenous	D1-21			
		5-Fluorouracil (F)	600	Intravenous	D1-21			
FAC	No information	5-Fluorouracil (F)	500	Intravenous	D1	The cycle is repeated every 21 days	No information	28
		Doxorubicin (A)	50	Intravenous	D1			
		Cyclophosphamide (C)	500	Intravenous	D1			
MMC-VNB	No information	Mitomycin (MMC)	15	Intravenous	D1 every 6 weeks	Repeat the cycle 6 times	Filgrastin: 5µg/kg/day in the D2-7	29
		Vinorelbine (VNB)	40-50	Intravenous	D1 every 3 weeks			
NFL	No information	Mitoxeanttrone (N)	10 (Bolus)	Intravenous	D1	The cycle is repeated every 21 days for two cycles, assesses	No significant toxicity in pretreated patients	30
		5-Fluorouracil (F)	1000 (24h)	Intravenous	D1-3			
		Leucovorin (folinic acid) (L)	100 (Bolus)	Intravenous	D1-3			
Vinorelbine + Cisplatin	Regime CIVIC	Vinorelbine (VNB)	6	Intravenous	D1-5	The cycle is repeated every 21 days	Patients pretreated with anthracyclines and taxanes	31
		Cisplatin	20	Intravenous	D1-5			
Vinorelbine + Doxorubicin	Trials Group Study MA8	Vinorelbine (VNB)	25	Intravenous	D1 and D8	The cycle is repeated every 21 days	First line	32
		Doxorubicin (A)	50	Intravenous	D1			
Vinorelbine + Paclitaxel	GOCS 08-BR-95	Vinorelbine (VNB)	30 (20 minutes)	Intravenous	D1 e D8	The cycle is repeated every 28 days	First line	33
		Paclitaxel (T)	135 (3 hour infusion started 1 hour after VNB)	Intravenous	D1			

THERAPY FOR METASTATIC TUMORS							
COMBINATION REGIMENS FOR TYPE HER2 NEGATIVE							
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC	BIBLIOGRAPHIC REFERENCES
Carboplatin + Paclitaxel	No information	Carboplatin	AUC of6	Intravenous	D1	The cycle is repeated every 21 days	34
		Paclitaxel (T)	200 (3h)	Intravenous	D1		
CEF	No information	Cyclophosphamide (C)	75	Oral	D1-14	The cycle is repeated every 28 days	35
		Epirubicin (E)	60	Intravenous	D1 and D8		
		5-Fluorouracil (F)	500	Intravenous	D1 and D8		
CMF (Modified)	10808	Cyclophosphamide (C)	600	Intravenous	D1	The cycle is repeated every 21 days	36
		Methotrexate (M)	40	Intravenous	D1		
		5-Fluorouracil (F)	600	Intravenous	D1		
		Docetaxel (T)	75	Intravenous	D1		
Docetaxel + Doxorubicin	No information	Doxorubicin (A)	50	Intravenous	D1	Repeating the cycle every 21 days to a maximum of 8 cycles	37
FEC-100	No information	5-Fluorouracil (F)	500	Intravenous	D1	The cycle is repeated every 21 days	38
		Epirubicin (E)	100	Intravenous	D1		
		Cyclophosphamide (C)	500	Intravenous	D1		
FEC-75	French Eprubicin Study Group	5-Fluorouracil (F)	500	Intravenous	D1	The cycle is repeated every 21 days	39
		Epirubicin (E)	75	Intravenous	D1		
		Cyclophosphamide (C)	500	Intravenous	D1		
FEC-50	No information	5-Fluorouracil (F)	500	Intravenous	D1	The cycle is repeated every 21 days	39
		Epirubicin (E)	50	Intravenous	D1		
		Cyclophosphamide (C)	500	Intravenous	D1		
Gemcitabine + Cisplatin	No information	Gemcitabine (G)	750	Intravenous	D1 and D8	The cycle is repeated every 21 days	40
		Cisplatin	30	Intravenous	D1 and D8		

THERAPY FOR METASTATIC TUMORS							
COMBINATION REGIMENS FOR TYPE HER2 POSITIVE							
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC	BIBLIOGRAPHIC REFERENCES
Trastuzumab + Paclitaxel	No information	Trastuzumab (H)	Loading dose: 4 mg/kg	Intravenous	Weekly	The cycle is repeated every 4 weeks	No information 41
			Maintenance dose: 2 mg/kg				
		Paclitaxel (T)	80	Intravenous	Weekly		
THERAPY FOR METASTATIC TUMORS							
REGIMENS OF SOLE AGENTS							
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC	BIBLIOGRAPHIC REFERENCES
Anastrozole	No information	Anastrozole	1 mg	Oral	Daily	No information	No information 42
Anastrozole	No information	Anastrozole	1 mg	Oral	Daily	To 5 years or undefined	First line in postmenopausal women 43
Capecitabine (Xeloda)	No information	Capecitabine (X)	1250 mg (2x/day) for 2 weeks followed by one week of rest	Oral	Daily	Repeating the cycle every 21 days. You can decrease the dose of capecitabine for 825-1000 mg/m ² (2x/day) orally on days 1-14 to reduce the risk of toxicity without compromising clinical efficacy.	HER-2 negative. Patients refractory to Paclitaxel 44
Docetaxel (Taxotere)	No information	Docetaxel (T)	60-100 mg/m ² (1 a 24 h)	Intravenous	D1	Repeats the cycle every 21 days for 2 cycles, reassesses. Maximum of 5 cycles	Relapse after treatment with anthracyclines. Observe myelotoxicity 45
		Dexamethasone	8 mg (2x/day)	Oral	D1-5	Hypersensitivity reactions Prevention	

Docetaxel (Taxotere)	No information	Docetaxel (T)	100 mg/m ²	Intravenous	D1	The cycle is repeated every 21 days	Observe myelotoxicity HER-2 Negative	46
Docetaxel (Taxotere)	No information	Docetaxel (T)	35-40 mg/m ²	Intravenous	D1, D8, D15, D22, D29, D36 (6 weeks)	Weekly 14 days off, ie repeating cycles every 8 weeks	Observe myelotoxicity	47
Doxorubicin	No information	Doxorubicin (A)	75 mg/m ²	Intravenous	D1	Repeated every 21 days for a total of 4 cycles	No information	48
THERAPY FOR METASTATIC TUMORS								
REGIMENS OF SOLE AGENTS								
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC	COMMENTS	BIBLIOGRAPHIC REFERENCES
Doxorubicin	No information	Doxorubicin (A)	25	Intravenous	Weekly	12 cycles	No information	49
Liposomal Doxorubicin	No information	Liposomal Doxorubicin	45-60	Intravenous	D1	Repeats the cycle every 21-28 days	No information	50
Epirubicin	No information	Epirubicin	75	Intravenous	D1	Repeats the cycle every 21 days	No information	39
Etoposide	No information	Etoposide	50-100 mg	Intravenous	D1-21	Repeats the cycle every 28 days	Third or fourth line. Observe myelotoxicity.	51
Exemestane	No information	Exemestane	25	Intravenous	Daily	No information	Effective even after failure of aromatase inhibitors non-steroidal	52,53
Gemcitabine	No information	Gemcitabine	725	Intravenous	D1, D8 e D15	Repeats the cycle every 28 days	No information	54
Letrozole	No information	Letrozole	2,5 mg	Intravenous	Daily	No information	No information	55
Megestrol	No information	Megestrol	40 mg	Intravenous	4x/dia (160 mg)	No information	Reserved for the fourth line hormonal	56
Paclitaxel (Taxol)	No information	Paclitaxel (T)	90 (1 h)	Intravenous	D1	Repeats the cycle every 7 days	Observe myelotoxicity.	57
Paclitaxel (Taxol)	No information	Paclitaxel (T)	175 (3 h)	Intravenous	D1	Repeats the cycle every 21 days	Observe myelotoxicity	58

Paclitaxel (Taxol)	No information	Paclitaxel (T)	80-100	Intravenous	Weekly for 3 weeks (D1, D8 e D15)	Repeats the cycle every 4 weeks	Observe myelotoxicity	59
							HER-2 Negative	60
Tamoxifen	No information	Tamoxifen	20 mg	Oral	Daily	No information	No information	61
Toremifine	No information	Toremifine	60 mg	Oral	Daily	No information	No information	62
Trastuzumab (Herceptin)	No information	Trastuzumab (H)	Loading dose: 4 mg/kg	Intravenous	Weekly	Repeat the cycle weekly for a total of 10 weeks. In the absence of the disease progression continue the weekly maintenance dose of 2 mg / kg	HER-2 Positive	63
			Maintenance dose: 2 mg/kg					
THERAPY FOR METASTATIC TUMORS								
REGIMENS OF SOLE AGENTS								
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC	COMMENTS	BIBLIOGRAPHIC REFERENCES
Vinorelbine (Navelbine)	No information	Vinorelbine (N)	25 - 30	Intravenous	D1	Repeats the cycle every 7 days	HER-2 Negative	64
Vinorelbine (Navelbine)	No information	Vinorelbine (N)	30	Intravenous	D1 and D8	Repeats the cycle every 21 days	First and second line. Well tolerated in elderly patients	65
PALLIATIVE THERAPY								
MONOTHERAPY								
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC	COMMENTS	BIBLIOGRAPHIC REFERENCES
Docetaxel (Taxotere)	No information	Docetaxel	60-75	Intravenous	D1	Repeats the cycle every 21 days	No information	66
Docetaxel (Taxotere)	No information	Docetaxel (T)	60-100 (1 to 24 h)	Intravenous	D1	Repeat cycles every 21 days for two cycles, then reevaluates	Relapse after treatment with anthracyclines	45
Doxorubicin	No information	Doxorubicin (A)	75	Intravenous	D1	Repeated every 21 days for a total of 4 cycles	Metastatic	49
Epirubicin	No information	Epirubicin	75	Intravenous	D1	Repeats the cycle every 21 days	Metastatic	39

Exemestane	No information	Exemestane	25 mg	Oral	Daily	No information	No information	52
Letrozole	No information	Letrozole	2,5 mg	Oral	Daily	No information	No information	55
Megestrol	8741	Megestrol	160 mg	Oral	Daily	No information	No information	67
Paclitaxel (Taxol)	No information	Paclitaxel (T)	200 (3 h)	Intravenous	D1	Repeats the cycle every 21 days	Metastatic	68
Paclitaxel (Taxol)	No information	Paclitaxel (T)	80 (1 h)	Intravenous	D1	Repeats the cycle every 7 days	Metastatic	57
Tamoxifen	No information	Tamoxifen	20 mg	Oral	Daily	No information	No information	61
Vinorelbine (Navelbine)	No information	Vinorelbine (N)	25/30	Intravenous	D1 and D8	Repeats the cycle every 21 days	No information	65
PALLIATIVE THERAPY								
COMBINATION REGIMENS								
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC	COMMENTS	BIBLIOGRAPHIC REFERENCES
CMF	10808 / BR9601	Cyclophosphamide (C)	600	Intravenous	D1	Repeats the cycle every 21 days	No information	36
		Methotrexate (M)	40	Intravenous	D1			
		5-Fluorouracil (F)	600	Intravenous	D1			
Gemcitabine + Cisplatin	No information	Gemcitabine	750	Intravenous	D1 and D8	Repeats the cycle every 21 days	No information	40
		Cisplatin (P)	30	Intravenous	D1 and D8			

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Table 4: Breast Cancer Protocols from 2001-2010

PROTOCOLS OF BREAST CANCER (2001-2010)							
NEOADJUVANT THERAPY							
TYPE HER2 UNKNOWN							
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC	BIBLIOGRAPHIC REFERENCES
Letrozole	No information	Letrozole	2.5 mg	Oral	Daily	Repeat daily for 4 to 6 months	No information 69
AT → CMF	ECTO	Doxorubicin (A)	60	Intravenous	D1	The cycle is repeated every 21 days for 4 cycles followed by:	No information 70
		Paclitaxel (T)	200	Intravenous	D1		
		Cyclophosphamide (C)	600	Intravenous	D1 and D8	Repeat the CMF every 28 days for a total of 4 cycles	
		Methotrexate (M)	40	Intravenous	D1 and D8		
		5-Fluorouracil (F)	600	Intravenous	D1 and D8		
NEOADJUVANT THERAPY							
TYPE HER2 NEGATIVE							
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC	BIBLIOGRAPHIC REFERENCES
AC → T	(NSABP B-27)	Doxorubicin (A)	60	Intravenous	D1	The cycle is repeated every 21 days for 4 cycles followed by:	At the end of the fourth cycle does not require surgery 71
		Cyclophosphamide (C)	600	Intravenous	D1		
		Docetaxel (T)	100	Intravenous	D1	Repeat the cycle every 21 days for a total of 4 cycles	
T → EC	No information	Paclitaxel (T)	175	Intravenous	D1	The cycle is repeated every 14 days for 4 cycles followed by:	No information 72
		Epirubicin (E)	90	Intravenous	D1		
		Cyclophosphamide (C)	600	Intravenous	1	The cycle is repeated every 21 days for 4 cycles	
NEOADJUVANT THERAPY							
TYPE HER2 NEGATIVE							
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC	BIBLIOGRAPHIC REFERENCES
T → FEC	No information	Paclitaxel (T)	225 (24h) OR	Intravenous	D1	The cycle is repeated every 21 days for 4 cycles followed by:	Absence of data regarding the superiority of efficacy of continuous infusion regimen of paclitaxel infusions in shorter periods, such as 3h/ weekly also are accepted 73
			225 (24h) OR	Intravenous	D1		
			135 (3h) OR	Intravenous	Weekly		
		5-Fluorouracil (F)	80	Intravenous	D1 and D4	The cycle is repeated every 21 days for 4 cycles	
		Epirubicin (E)	500	Intravenous	D1		
		Cyclophosphamide (C)	75	Intravenous	D1		

T → FAC	No information	Paclitaxel (T)	500	Intravenous	D1	The cycle repeats every 7 days for 12 cycles, followed by:	No information	74	
		5-Fluorouracil (F)	500	Intravenous	D1	Repeat the cycle every 21 days for a total of 6 cycles			
		Doxorubicin (A)	50	Intravenous	D1				
		Cyclophosphamide (C)	500	Intravenous	D1				
		NEOADJUVANT THERAPY							
TYPE HER2 POSITIVE									
AC → TCH	No information	Doxorubicin (A)	60	Intravenous	The cycle repeats every 3 weeks, followed by:	Repeat until you have completed 13 weeks	Filgrastin	75	
			60						
			80						
			AUC de 2						
		Trastuzumab (H)	Loading dose: 4 mg/kg	Intravenous	Weekly				
			Maintenance dose: 2 mg/kg						
NEOADJUVANT THERAPY									
TYPE HER2 POSITIVE									
AC dose-dense → TCH	No information	Doxorubicin (A)	60	Intravenous	Every 2 weeks, followed by:	Weekly	Repeat until you have completed 13 weeks	75	
			60						
		Cyclophosphamide (C)	80	Intravenous					
			AUC of 2						
		Trastuzumab (H)	Loading dose: 4 mg/kg	Intravenous					
			Maintenance dose: 2 mg/kg						
		Doxorubicin (A)	60	Intravenous	D1				The cycle is repeated every 21 days for 3 cycles, followed by:
			150 (3 h)						
		Paclitaxel (T)	175 (3 h)	Intravenous	D1				Repeat for another 4 cycles followed by:
			600						
Methotrexate (M)	40	Intravenous	D1 and D8	Repeat CMF every 28 days, a total of 3 cycles					
AT → TH → CMFH	NOAH Trial	Paclitaxel (T)	175 (3 h)	Intravenous	D1	Emetogenic potential: high (during ATH), low (TH), moderate (CMFH). Anaphylactic potential: high (for paclitaxel). Trastuzumab full 52 weeks	76		

		5-Fluorouracil (F)	600	Intravenous	D1 and D8	Every 3 week until completing 1 year of therapy , or every 28 days when combined with CMF		
		Trastuzumab (H)	Loading dose: 8 mg/kg	Intravenous	Concomitant with all chemotherapy	Repeat until you have completed 14 weeks	No information	77
			Maintenance dose: 6 mg/kg					
Lapatinib + Paclitaxel	No information	Lapatinib	1500 mg/day	Oral	Daily	Repeat until you have completed 12 weeks		
		Paclitaxel (T)	80	Intravenous	Weekly			
NEOADJUVANT THERAPY								
TYPE HER2 POSITIVE								
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC	COMMENTS	BIBLIOGRAPHIC REFERENCES
Paclitaxel + FEC + Trastuzumab	No information	Trastuzumab (H)	Loading dose: 4 mg/kg	Intravenous	Weekly	Repeats 24-week	No information	73
			Maintenance dose: 2 mg/kg					
		5-Fluorouracil (F)	600	Intravenous	Every 3 weeks	The cycle is repeated 4 times		
		Epirubicin (E)	75	Intravenous				
		Cyclophosphamide (C)	600	Intravenous				
TCH	No information	Paclitaxel (T)	225	Intravenous	Every 3 weeks	Repeat until you have completed 18 weeks	No information	78
		Docetaxel (T)	75	Intravenous	Every 3 weeks			
		Carboplatin (C)	AUC de 6	Intravenous	every 3 weeks			
		Trastuzumab (H)	Loading dose: 4 mg/kg	Intravenous	Weekly			
	Maintenance dose: 2 mg/kg							
Trastuzumab + Capecitabine + Docetaxel	No information	Trastuzumab (H)	Loading dose: 8 mg/kg	Intravenous	every 3 weeks	The cycle is repeated 6 times	No information	79
			Maintenance dose: 6 mg/kg					
		Capecitabine (X)	900 (2x/day)	Oral	D1-14			
		Docetaxel (T)	36	Intravenous	D1			

NEOADJUVANT THERAPY									
TYPE HER2 POSITIVE									
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC	COMMENTS	BIBLIOGRAPHIC REFERENCES	
TH → FEC75 H	MDACC	Paclitaxel (T)	225 (24 h) OR	Intravenous	D1	Repeats every 21 days for a total of 4 cycles. Followed by:	The absence of data regarding the superiority of efficacy schema continuous infusion of paclitaxel infusions for shorter periods, such as 3h or weekly regimen are also accepted Emetogenic potential: high (during FEC) and low (for paclitaxel). Anaphylactic potential: high (for paclitaxel).	80	
			135 (3 h) OR	Intravenous	D1				
			80	Intravenous	Weekly				
		5-Fluorouracil (F)	500	Intravenous	D1 and D4	Repeat the cycle (FEC) every 21 days for a total of 4 cycles			
		Epirubicin (E)	75	Intravenous	D1				
		Cyclophosphamide (C)	500	Intravenous	D1				
		Trastuzumab + Docetaxel	JECBC 02 Trial	Trastuzumab (H)	Loading dose: 4 mg/kg (90 min no D1)	Intravenous			Concomitant with any chemotherapy. Weekly, up to a total 24 weeks
Maintenance dose: 2 mg/kg (30 minutes)									
Trastuzumab (H)	Loading dose: 4 mg/kg			Intravenous	Weekly	Repeat for 12 weeks			
	Maintenance dose: 2 mg/kg								
Trastuzumab + Docetaxel	No information	Docetaxel (T)	70	Intravenous	Every 3 weeks	The cycle is repeated 4 times	No information	82,83	
			Loading dose: 4 mg/kg						
		Trastuzumab (H)	Maintenance dose: 2 mg/kg	Intravenous	Weekly	Repeat until you have completed 12 weeks			
			Maintenance dose: 2 mg/kg						
Trastuzumab + Docetaxel	No information	Docetaxel (T)	100	Intravenous	Every 3 weeks	Repeat until you have completed 14 weeks	No information	84	
			Loading dose: 4 mg/kg						
		Trastuzumab (H)	Maintenance dose: 2 mg/kg	Intravenous	Weekly	Repeat until you have completed 14 weeks			
			Maintenance dose: 2 mg/kg						
Trastuzumab + Docetaxel	No information	Docetaxel (T)	36	Intravenous	Every 3 weeks	Repeat for 18weeks	No information	85	
			Loading dose: 4 mg/kg						
		Trastuzumab (H)	Maintenance dose: 2 mg/kg	Intravenous	Weekly	The cycle is repeated 6 times			
			Maintenance dose: 2 mg/kg						

NEOADJUVANT THERAPY									
TYPE HER2 POSITIVE									
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC	COMMENTS	BIBLIOGRAPHIC REFERENCES	
Trastuzumab + Docetaxel + Cisplatin	No information	Trastuzumab (H)	Loading dose: 4 mg/kg Maintenance dose: 2 mg/kg	Intravenous	Weekly	Repeat until you have completed 12 weeks	No information	86	
		Docetaxel (T)	70	Intravenous	Every 3 weeks				
		Cisplatin	70	Intravenous	Every 3 weeks				
Trastuzumab + Docetaxel + Epirubicin	No information	Trastuzumab (H)	Loading dose: 4 mg/kg Maintenance dose: 2 mg/kg	Intravenous	Weekly	Repeat until you have completed 12 weeks	No information	87	
		Docetaxel (T)	30	Intravenous	Weekly				
		Epirubicin (E)	35	Intravenous	Weekly				
Trastuzumab + Paclitaxel	No information	Trastuzumab (H)	Loading dose: 4 mg/kg Maintenance dose: 2 mg/kg	Intravenous	Weekly	Repeat until you have completed 12 weeks	No information	88	
		Paclitaxel (T)	175	Intravenous	Every 3 weeks				
Trastuzumab + Docetaxel + Vinorelbine	No information	Trastuzumab (H)	Loading dose: 4 mg/kg Maintenance dose: 2 mg/kg	Intravenous	Weekly	Repeat until you have completed 12 weeks	No information	89	
		Docetaxel (T)	60	Intravenous	Every 2 weeks				
		Vinorelbine (N)	60	Intravenous	Every 2 weeks				
Trastuzumab + Vinorelbine	No information	Trastuzumab (H)	Loading dose: 4 mg/kg Maintenance dose: 2 mg/kg	Intravenous	Weekly	Repeat until you have completed 12 weeks	No information	90	
		Vinorelbine (V)	25	Intravenous	Weekly				
NEOADJUVANT THERAPY									
TYPE HER2 POSITIVE									
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC	COMMENTS	BIBLIOGRAPHIC REFERENCES	
Vinorelbine + Docetaxel + Trastuzumab → AC	No information	Vinorelbine (V)	45	Intravenous	D1	Repeat the cycle every 14 days for a total of 6 cycles	Surgery performed after completion of neoadjuvant chemotherapy. Necessary support with Filgrastim and Ciprofloxacin (quinolones)	91	
		Docetaxel (T)	60	Intravenous	D1	The cycle is repeated every 14 days for a total of 6 ciclos concomitante with neoadjuvant chemotherapy until completing 12 weeks, and following surgery:			
		Trastuzumab (H)	Loading dose: 4 mg/kg Maintenance dose: 2 mg/kg	Intravenous	Weekly				
		Doxorubicin (A)	60	Intravenous	D1				
		Cyclophosphamide (C)	600	Intravenous	D1				

ADJUVANT THERAPY						
TYPE HER2 POSITIVE OR NEGATIVE						
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC
A → CMF	No information	Doxorubicin (A)	75	Intravenous	D1	The cycle is repeated every 21 days for a total of 4 cycles, followed by:
		Cyclophosphamide (C)	600	Intravenous	D1	The cycle (CMF) is repeated every 21 days for a total of 8 cycles
		Methotrexate (M)	40	Intravenous	D1	
		5-Fluorouracil (F)	600	Intravenous	D1	
AT → CMF	ECTO	Doxorubicin (A)	60	Intravenous	D1	The cycle is repeated every 21 days for a total of 4 cycles, followed by:
		Paclitaxel (T)	200	Intravenous	D1	
		Cyclophosphamide (C)	600	Intravenous	D1 e D8	The cycle (CMF) is repeated every 28 days for a total of 4 cycles
		Methotrexate (M)	40	Intravenous	D1 e D8	
		5-Fluorouracil (F)	600	Intravenous	D1 e D8	
ADJUVANT THERAPY						
TYPE HER2 POSITIVE OR NEGATIVE						
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC
AC → T	No information	Doxorubicin (A)	60	Intravenous	D1	The cycle is repeated every 21 days for a total of 4 cycles, followed by:
		Cyclophosphamide (C)	600	Intravenous	D1	
		Paclitaxel (T)	175	Intravenous	D1	The cycle is repeated every 21 days for a total of 4 cycles
AC → T (WEEKLY)	E1199	Doxorubicin (A)	60	Intravenous	D1	The cycle is repeated every 21 days for a total of 4 cycles, followed by:
		Cyclophosphamide (C)	600	Intravenous	D1	Repeat until you have completed 12 weeks
		Paclitaxel (T)	80	Intravenous	D1 (Weekly)	
AC → Docetaxel	E1199	Doxorubicin (A)	60	Intravenous	D1	The cycle is repeated every 21 days for a total of 4 cycles, followed by:
		Cyclophosphamide (C)	600	Intravenous	D1	
		Docetaxel (T)	100	Intravenous	D1	The cycle is repeated every 21 days for a total of 4 cycles

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AC → Docetaxel (WEEKLY)	No information	Doxorubicin (A)	60	Intravenous	D1	The cycle is repeated every 21 days for a total of 4 cycles, followed by:	No information	93
		Cyclophosphamide (C)	600	Intravenous	D1	Repeat until you have completed 12 weeks		
		Docetaxel (T)	35	Intravenous	D1 (Weekly)			
Epirubicin → CMF	NEAT	Epirubicin (E)	100	Intravenous	D1	The cycle is repeated every 21 days for a total of 4 cycles, followed by:	No information	92
		Cyclophosphamide (C)	600	Intravenous	D1	The cycle is repeated every 21 days for a total of 4 cycles		
		Methotrexate (M)	40	Intravenous	D1			
		5-Fluorouracil (F)	600	Intravenous	D1			
Epirubicin → CMF	No information	Epirubicin (E)	100	Intravenous	D1	The cycle is repeated every 21 days for a total of 4 cycles, followed by:	No information	92
		Cyclophosphamide (C)	750	Intravenous	D1	The cycle is repeated every 21 days for a total of 8 cycles		
		Methotrexate (M)	50	Intravenous	D1			
		5-Fluorouracil (F)	600	Intravenous	D1			
ADJUVANT THERAPY								
TYPE HER2 POSITIVE OR NEGATIVE								
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC	COMMENTS	BIBLIOGRAPHIC REFERENCES
FAC	GEICAM	5-Fluorouracil (F)	500	Intravenous	D1	The cycle is repeated every 21 days for a total of 6 cycle	No information	95
		Doxorubicin (A)	50	Intravenous	D1			
		Cyclophosphamide (C)	500	Intravenous	D1			
FEC → T	GEICAM 9906	5-Fluorouracil (F)	600	Intravenous	D1	The cycle is repeated every 21 days for a total of 4 cycles, followed by:	No information	96
		Epirubicin (E)	90	Intravenous	D1			
		Cyclophosphamide (C)	600	Intravenous	D1			
		Paclitaxel (T)	100	Intravenous	Weekly			
FEC → Docetaxel	PACS 01	5-Fluorouracil (F)	500	Intravenous	D1	Repeat the cycle every 21 days for a total of 6 cycles, followed by:	No information	97
		Epirubicin (E)	100	Intravenous	D1			
		Cyclophosphamide (C)	500	Intravenous	D1			
		Docetaxel (T)	100	Intravenous	D1			
TC	No information	Docetaxel (T)	75	Intravenous	D1	The cycle is repeated every 21 days for a total of 3 cycles	No information	21
	Trial 9735	Cyclophosphamide (C)	600	Intravenous	D1	The cycle is repeated every 21 days for a total of 4 cycles		98

ADJUVANT THERAPY						
COMBINATION REGIMENS OF DOSE-DENSE FOR TYPE HER2 NEGATIVE						
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC
AC → T	B 9741	Doxorubicin (A)	60	Intravenous	D1	The cycle is repeated every 14 days for a total of 4 cycles, followed by:
		Cyclophosphamide (C)	600	Intravenous	D1	
		Paclitaxel (T)	175	Intravenous	D1	The cycle is repeated every 14 days for a total of 4 cycles
ADJUVANT THERAPY						
COMBINATION REGIMENS OF DOSE-DENSE FOR TYPE HER2 NEGATIVE						
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC
A → T → C	CALGB 9741	Doxorubicin (A)	60	Intravenous	D1	The cycle is repeated every 2 weeks for a total of 4 cycles, followed by:
		Paclitaxel (T)	175	Intravenous	D1	The cycle is repeated every 2 weeks for a total of 4 cycles, followed by:
		Cyclophosphamide (C)	600	Intravenous	D1	The cycle is repeated every 2 weeks for a total of 4 cycles
AC → T	CALGB 9741	Doxorubicin (A)	60	Intravenous	D1	The cycle is repeated every 14 days for a total of 4 cycles, followed by:
		Cyclophosphamide (C)	600	Intravenous	D1	
		Paclitaxel (T)	175	Intravenous	D1	The cycle is repeated every 14 days for a total of 4 cycles
AC → T	CALGB 9741	Doxorubicin (A)	60	Intravenous	D1	Repeat the cycle every 14 days for a total of 4cycles, followed by:
		Cyclophosphamide (C)	600	Intravenous	D1	
		Paclitaxel (T)	80	Intravenous	D1	Weekly for 12 weeks
AC → Docetaxel	No information	Doxorubicin (A)	60	Intravenous	D1	Repeat the cycle every 14 days for a total of 4 cycles, followed by:
		Cyclophosphamide (C)	600	Intravenous	D1	
		Docetaxel (T)	75	Intravenous	D1	The cycle is repeated every 14 days for a total of 4 cycles

PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC	COMMENTS	BIBLIOGRAPHIC REFERENCES
AC → T	B 9741	Doxorubicin (A)	60	Intravenous	D1	The cycle is repeated every 14 days for a total of 4 cycles, followed by:	Administration of Pegfilgrastim subcutaneous on D2 for each cycle	99
		Cyclophosphamide (C)	600	Intravenous	D1			
		Paclitaxel (T)	175	Intravenous	D1			
ADJUVANT THERAPY								
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC	COMMENTS	BIBLIOGRAPHIC REFERENCES
A → T → C	CALGB 9741	Doxorubicin (A)	60	Intravenous	D1	The cycle is repeated every 2 weeks for a total of 4 cycles, followed by:	Administration of Filgrastin subcutaneously 5 µg/kg on days 3-10 every cycle	100
		Paclitaxel (T)	175	Intravenous	D1			
		Cyclophosphamide (C)	600	Intravenous	D1			
AC → T	CALGB 9741	Doxorubicin (A)	60	Intravenous	D1	The cycle is repeated every 14 days for a total of 4 cycles, followed by:	Administration of Filgrastin subcutaneously 300 µg on days 3-10 every cycle	100
		Cyclophosphamide (C)	600	Intravenous	D1			
		Paclitaxel (T)	175	Intravenous	D1			
AC → T	CALGB 9741	Doxorubicin (A)	60	Intravenous	D1	Repeat the cycle every 14 days for a total of 4cycles, followed by:	Administration of Filgrastin subcutaneously 5 µg/kg on days 3-10 every cycle	100
		Cyclophosphamide (C)	600	Intravenous	D1			
		Paclitaxel (T)	80	Intravenous	D1			
AC → Docetaxel	No information	Doxorubicin (A)	60	Intravenous	D1	Repeat the cycle every 14 days for a total of 4 cycles, followed by:	Administration of Pegfilgrastim subcutaneous on D2 for each cycle	101
		Cyclophosphamide (C)	600	Intravenous	D1			
		Docetaxel (T)	75	Intravenous	D1			

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AC → T

B 9741

Doxorubicin (A)

60

Intravenous

D1

The cycle is repeated every 14 days for a total of 4 cycles, followed by:

Administration of Pegfilgrastim subcutaneous on D2 for each cycle

99

AC → T

CALGB 9741

Doxorubicin (A)

60

Intravenous

D1

The cycle is repeated every 2 weeks for a total of 4 cycles, followed by:

Administration of Filgrastin subcutaneously 5 µg/kg on days 3-10 every cycle

100

AC → T

CALGB 9741

Doxorubicin (A)

60

Intravenous

D1

The cycle is repeated every 14 days for a total of 4 cycles, followed by:

Administration of Filgrastin subcutaneously 300 µg on days 3-10 every cycle

100

AC → T

CALGB 9741

Doxorubicin (A)

60

Intravenous

D1

Repeat the cycle every 14 days for a total of 4 cycles, followed by:

Administration of Filgrastin subcutaneously 5 µg/kg on days 3-10 every cycle

100

AC → Docetaxel

No information

Doxorubicin (A)

60

Intravenous

D1

Repeat the cycle every 14 days for a total of 4 cycles, followed by:

Administration of Pegfilgrastim subcutaneous on D2 for each cycle

101

ADJUVANT THERAPY							
COMBINATION REGIMENS OF DOSE-DENSE FOR TYPE HER2 NEGATIVE							
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC	BIBLIOGRAPHIC REFERENCES
AC (Dose-dense) → T/H → H	No information	Doxorubicin (A)	60	Intravenous	D1	Repeat the cycle every 14 days for a total of 4 cycles, followed by:	102
		Cyclophosphamide (C)	600	Intravenous	D1		
		Paclitaxel (T)	175	Intravenous	D1	The cycle is repeated every 14 days for a total of 4 cycles	
		Trastuzumab (H)	Loading dose: 4 mg/kg (throughout the administration of Paclitaxel) Maintenance dose: 2 mg/kg	Intravenous	Weekly	Administered for 1 year	
AC (Dose-dense) → T/H AC → H + Lapatinib	EGF10023	Doxorubicin (A)	60	Intravenous	D1	Repeat the cycle every 14 days for a total of 4 cycles, followed by:	103
		Cyclophosphamide (C)	600	Intravenous	D1		
		Paclitaxel (T)	80	Intravenous	D1	Weekly repeated until completing 12 weeks, followed by:	
		Trastuzumab (H)	Loading dose: 4 mg/kg Maintenance dose: 2 mg/kg	Intravenous	Weekly		
Docetaxel → AC	No information	Lapatinib	1000 mg	Oral	Daily	To complete 52 weeks (1 year)	101
		Trastuzumab (H)	6 mg/kg	Intravenous	every 3 weeks		
		Docetaxel (T)	75	Intravenous	D1	Repeat the cycle every 14 days for a total of 4 cycles, followed by:	
		Doxorubicin (A)	60	Intravenous	D1	The cycle is repeated every 14 days for a total of 4 cycles	
		Cyclophosphamide (C)	600	Intravenous	D1		

ADJUVANT THERAPY							
COMBINATION REGIMENS FOR TYPE HER2 POSITIVE							
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC	BIBLIOGRAPHIC REFERENCES
AC → T (WEEKLY)	NCT00004125	Doxorubicin (A)	60	Intravenous	D1	Repeat the cycle every 14 days for a total of 4 cycles, followed by:	93
		Cyclophosphamide (C)	600	Intravenous	D1	Repeat until you have completed 12 weeks	
		Paclitaxel (T)	80	Intravenous	D1 (weekly)	Repeat the cycle every 14 days for a total of 4 cycles, followed by:	
AC → TH	NCCTG - N9831	Doxorubicin (A)	60	Intravenous	D1	Repeats weekly cycle for 12 weeks, followed by:	104
		Cyclophosphamide (C)	600	Intravenous	D1	Repeat weekly for 40 weeks	
		Paclitaxel (T)	80 (for 1 h)	Intravenous	D1	Repeat the cycle every 14 days for a total of 4 cycles, followed by:	
		Trastuzumab (H)	Loading dose: 4 mg/kg Maintenance dose: 2 mg/kg	Intravenous	Weekly	Repeat weekly for 40 weeks	
		Trastuzumab (H)	2 mg/kg	Intravenous	Weekly	Repeat weekly for 40 weeks	
AC → TH	NCCTG - N9831	Doxorubicin (A)	60	Intravenous	D1	Repeat the cycle every 14 days for a total of 4 cycles, followed by:	104
		Cyclophosphamide (C)	600	Intravenous	D1	Repeating the cycle every 3 weeks for 4 cycles 12 weeks, followed by:	
		Paclitaxel (T)	175 (for 3 h)	Intravenous	D1	Repeat weekly for 40 weeks	
		Trastuzumab (H)	Loading dose: 4 mg/kg Maintenance dose: 2 mg/kg	Intravenous	Weekly	Repeat weekly for 40 weeks	
		Trastuzumab (H)	2 mg/kg	Intravenous	Weekly	The cycle is repeated every 21 days up to 4 cycles	
CT	No information	Cyclophosphamide (C)	600	Intravenous	D1		105
		Docetaxel (T)	75	Intravenous	D1		

ADJUVANT THERAPY									
COMBINATION REGIMENS FOR TYPE HER2 POSITIVE									
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC	COMMENTS	BIBLIOGRAPHIC REFERENCES	
DH → FEC	FinHER	Docetaxel (T)	100	Intravenous	D1	Repeat the cycle every 21 days for a total of 3 cycles, followed by:	High potential emetogenic the FEC cycle	106	
		Trastuzumab (H)	Loading dose: 4 mg/kg	Intravenous	Weekly				
			Maintenance dose: 2 mg/kg						
		5-Fluorouracil (F)	600	Intravenous	D1	The cycle is repeated every 21 days for a total of 3 cycles			
		Epirubicin (E)	60	Intravenous	D1				
Cyclophosphamide (C)	600	Intravenous	D1						
FAC	GEICAM	5-Fluorouracil (F)	500	Intravenous	D1	The cycle is repeated every 21 days for a total of 6 cycles	No information	95	
		Doxorubicin (A)	50	Intravenous	D1				
		Cyclophosphamide (C)	500	Intravenous	D1				
TCH	BCIRG 006	Docetaxel (T)	75	Intravenous	D1	Repeat the cycle every 21 days for a total of 6 cycles, followed by:	No information	107	
		Carboplatin (C)	AUC of 6	Intravenous	D1				
		Trastuzumab (H)	Loading dose: 4 mg/kg	Intravenous	Weekly				
			Maintenance dose: 2 mg/kg						
		Trastuzumab (H)	6 mg/kg	Intravenous	every 3 weeks	Repeat until you have completed 1 year			
VH → FEC	No information	Vinorelbine (V)	25	Intravenous	D1	Repeat the cycle every 21 days for a total of 4 cycles, followed by:	High potential emetogenic the FEC cycle	106	
		Trastuzumab (H)	Loading dose: 4 mg/kg	Intravenous	D1 weekly for 9 weeks				
			Maintenance dose: 2 mg/kg						
		5-Fluorouracil (F)	600	Intravenous	D1	The cycle is repeated every 21 days for a total of 4 cycles			
		Epirubicin (E)	60	Intravenous	D1				
Cyclophosphamide (C)	600	Intravenous	D1						

ADJUVANT THERAPY							
REGIMENS OF SOLE AGENTS (HORMONE THERAPY)							
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC	BIBLIOGRAPHIC REFERENCES
Anastrozole	ATAC Trial	Anastrozole	1	Oral	Daily	Daily repeated for 5 years	ER+ or ER- unknown 108
Exemestane	TEAM Trial	Exemestane	25	Oral	Daily	Daily repeated for 5 years	ER+ or ER- unknown 109
Goserelin (Zoladex)	ZEBRA	Goserelin	3,6	Subcutaneous	every 28 days	Repeats every month to 2 years. Proprietary adjuvant treatment.	Premenopausal women with hormone receptors (estrogen or progesterone) positive 110
Letrozole	No information	Letrozole	2,5	Oral	Daily	Daily repeated for 5 years	ER+ or ER unknown and metastatic 111
Tamoxifen + Anastrozole	ARNO 95 Study	Tamoxifen	20	Oral	Daily	Repeated daily for 2 to 3 years, followed by:	No information 112
		Anastrozole	1	Oral	Daily	Repeat daily for 2 to 3 years (SWITCH = Exchange)	
Tamoxifen + Exemestane	IES Trial	Tamoxifen	20	Oral	Daily	Repeated daily for 2 to 3 years, followed by:	No information 113
		Exemestane	25	Oral	Daily	Daily repeated for 5 years	
Tamoxifen + Letrozole	BIG 1-98	Tamoxifen	20	Oral	Daily	Repeated daily for 2 to 3 years, followed by:	The scheme can be started with Letrozole or Anastrozole, and sequencing should be stopped at 5 years of therapy 114
		Letrozole	2,5	Oral	Daily	Repeated daily for 2 to 3 years	
Tamoxifen + Letrozole	NCIC CTG MA-17 Trial	Tamoxifen	20	Oral	Daily	Daily repeated for 5 years, followed by:	ER+ 115
		Letrozole	2,5	Oral	Daily	Daily repeated for 5 years	

THERAPY FOR METASTATIC TUMORS							
METASTATIC BREAST CANCER							
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC	BIBLIOGRAPHIC REFERENCES
AT	1096-1	Doxorubicin (A)	60 (Bolus)	Intravenous	D1	The cycle is repeated every 21 days for 6 cycles	116
		Paclitaxel (T)	175 (3 h)	Intravenous	D1		
Gemcitabine + Capecitabine	No information	Gemcitabine	800	Intravenous	D1 and D8	The cycle is repeated every 21 days	117
		Capecitabine (X)	750 (2x/day)	Oral	D1-14		
Gemcitabine + Capecitabine	No information	Gemcitabine	2000	Intravenous	D1	The cycle is repeated every 21 days	118
		Capecitabine (X)	1250 (2x/day)	Oral	D1-14		
Gemcitabine + Docetaxel	No information	Gemcitabine (G)	1200	Intravenous	D1 and D8	The cycle is repeated every 21 days	119
		Docetaxel (T)	75	Intravenous	D1		
Gemcitabine + Paclitaxel	No information	Gemcitabine (G)	1250	Intravenous	D1 and D8	The cycle is repeated every 21 days	120
		Paclitaxel (T)	175	Intravenous	D1		
LHRH + Tamoxifeno	No information	LHRH (luteinizing hormone-releasing hormone)	6,6 mg (Buserelin) OR 3,6 mg (Goserelin)	Subcutaneous	D1	The cycle is repeated every 6 weeks for the first 12 weeks and 8 weeks.	121
		Tamoxifen	20 mg	Oral	Continuous		
Netronomic	No information	Cyclophosphamide (C)	50 mg/day	Intravenous	Continuous	Continuo	122
		Methotrexate (M)	2,5 mg/day	Intravenous	D1 and D2 every week		
Vinorelbine + Gemcitabine	GEICA M	Vinorelbine (VNB)	30	Intravenous	D1 and D8	The cycle is repeated every 21 days	123
		Gemcitabine	1200	Intravenous	D1 and D8		
Vinorelbine + Gemcitabine	No information	Vinorelbine (VNB)	25	Intravenous	D1 and D15	Repeated every 2 weeks for at least 6 cycles	124
		Gemcitabine (G)	1000	Intravenous	D1 and D15		

THERAPY FOR METASTATIC TUMORS							
COMBINATION REGIMENS FOR TYPE HER2 NEGATIVE							
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC	BIBLIOGRAPHIC REFERENCES
Anastrozole + Goserelin	No information	Anastrozole	1 mg	Oral	Daily	The cycle is repeated every 28 days until disease progression	125
		Goserelin	3.6 mg	Subcutaneous	every 28 days		
AT	E1193	Doxorubicin (A)	50	Intravenous	D1	The cycle is repeated every 21 days	126
		Paclitaxel (T)	150 (for 24 h)	Intravenous	D1		
A → T	E1193	Doxorubicin (A)	60	Intravenous	D1	Repeat the cycle every 21 days, a maximum of 8 cycles, followed by:	126
		Paclitaxel (T)	175	Intravenous	D1	The cycle is repeated every 21 days until disease progression	
T → A	E1193	Paclitaxel (T)	175	Intravenous	D1	The cycle is repeated every 21 days until disease progression, followed by:	126
		Doxorubicin (A)	60	Intravenous	D1	Repeat the cycle every 21 days, a maximum of 8 cycles	
AT	ERASME 3	Doxorubicin (A)	50 (15 minutes)	Intravenous	D1	Repeat the cycle every 21 days, a maximum of 8 cycles	127
		Paclitaxel (T)	150 (3 h)	Intravenous	D1		
Capecitabine + Bevacizumab	RIBBON 1	Capecitabine (X)	1000 (2x/day)	Oral	D1-14	The cycle is repeated every 21 days	128
		Bevacizumab (A)	15 mg/Kg	Intravenous	D1		
Carboplatin + Docetaxel	No information	Carboplatin (C)	AUC dof 6	Intravenous	D1	The cycle is repeated every 21 days	129
		Docetaxel (T)	75	Intravenous	D1		
Carboplatin + Gemcitabine	No information	Carboplatin (C)	AUC of 5 (60 minutes)	Intravenous	D1	The cycle is repeated every 21 days	130
		Gemcitabine (G)	1000 (30 minutes)	Intravenous	D1 and D8		

THERAPY FOR METASTATIC TUMORS							
COMBINATION REGIMENS FOR TYPE HER2 NEGATIVE							
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC	BIBLIOGRAPHIC REFERENCES
Carboplatin + Paclitaxel	No information	Carboplatin (C)	AUC de 2 (30 a 60 minutes)	Intravenous	D1, D8 and D15	The cycle is repeated every 21 days	131
		Paclitaxel (T)	100 – 135 (1 h)	Intravenous	D1, D8 and D15		
CMF (Modified)	BR9601	Cyclophosphamide (C)	750	Intravenous	D1	The cycle is repeated every 21 days for a total of 8 cycles	92
		Methotrexate (M)	50	Intravenous	D1		
		5-Fluorouracil (F)	600	Intravenous	D1		
Cisplatin + Vinorelbine	No information	Cisplatin (P)	75	Intravenous	D1	The cycle is repeated every 21 days	132
		Vinorelbine (N)	25	Intravenous	D1 and D8		
Docetaxel + Bevacizumab	AVADO Trial	Docetaxel (T)	100	Intravenous	D1	The cycle is repeated every 21 days	133
		Bevacizumab (A)	15 mg/Kg	Intravenous	D1		
Docetaxel + Pegylated Liposomal Doxorubicin	No information	Docetaxel (T)	75	Intravenous	D2	The cycle is repeated every 21 days	134
		Pegylated Liposomal Doxorubicin	30	Intravenous	D1		
Gemcitabine + Paclitaxel	No information	Gemcitabine (G)	1250	Intravenous	D1 and D8	The cycle is repeated every 21 days	135, 136
		Paclitaxel (T)	175	Intravenous	D1		
Paclitaxel + Bevacizumab	ECGO 2100	Paclitaxel (T)	90	Intravenous	D1, D8 and D15	The cycle is repeated every 28 days	137
		Bevacizumab (A)	10 mg/Kg	Intravenous	D1 e D15		
XT	No information	Capecitabine (X)	1250 (2x/day)	Oral	D1-14	The cycle is repeated every 21 days	138
		Docetaxel (T)	75	Intravenous	D1		

You can decrease the dose of Capecitabine for 825-1000mg/m² VO (2x/day) on days 1-14 to reduce the risk of toxicity without compromising the clinical efficacy.

THERAPY FOR METASTATIC TUMORS							
COMBINATION REGIMENS FOR TYPE HER2 NEGATIVE							
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC	BIBLIOGRAPHIC REFERENCES
XP	No information	Capecitabine (X)	825 (2x/day)	Oral	D1-14	The cycle is repeated every 21 days	139
		Paclitaxel (P)	175	Intravenous	D1		
XN	No information	Capecitabine (X)	1000 (2x/day)	Oral	D1-14	The cycle is repeated every 21 days	139
		Vinorelbine (N)	25	Intravenous	D1 and D8		
XI	No information	Capecitabine (X)	1000 (2x/day)	Oral	D1-14	The cycle is repeated every 21 days	140
		Ixabepilone (I)	40	Intravenous	D1		
THERAPY FOR METASTATIC TUMORS							
COMBINATION REGIMENS FOR TYPE HER2 POSITIVE							
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC	BIBLIOGRAPHIC REFERENCES
Capecitabine + Lapatinib	No information	Capecitabine (X)	1000 (2x/day)	Oral	D1-14	The cycle is repeated every 21 days	141,142
		Lapatinib	1250	Oral	Daily		
Letrozole + Lapatinib	No information	Letrozole	2.5 mg	Oral	Daily	No information	143
		Lapatinib	1500 mg	Oral	Daily		
TCH	No information	Paclitaxel (T)	175	Intravenous	D2	Repeat the cycle every 21 days for a total of 6 cycles	144
		Carboplatin (C)	AUC of 6	Intravenous	D2		
		Trastuzumab (H)	Loading dose: 4 mg/kg	Intravenous	D1 of first week		
			Maintenance dose: 2 mg/kg		Weekly		
TCH	BCIRG 007	Docetaxel (T)	75	Intravenous	D1	Repeat the cycle every 21 days for a total of 8 cycles	145
		Carboplatin (C)	AUC of 6	Intravenous	D1		
		Trastuzumab (H)	Loading dose: 4 mg/kg	Intravenous	D1		
			Maintenance dose: 2 mg/kg		D8 e D15		

THERAPY FOR METASTATIC TUMORS								
COMBINATION REGIMENS FOR TYPE HER2 POSITIVE								
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC	COMMENTS	BIBLIOGRAPHIC REFERENCES
Trastuzumab + Anastrozole	No information	Trastuzumab (H)	Loading dose: 4 mg/kg	Intravenous	Weekly	No information	Check recommendations for prevention of nausea and vomiting of oral agents	146
		Anastrozole	Maintenance dose: 2 mg/Kg	Oral	Daily			
Trastuzumab + Capecitabine	No information	Trastuzumab (H)	Loading dose: 4 mg/kg	Intravenous	Weekly	The cycle is repeated every 21 days	No information	147
		Capecitabine (X)	Maintenance dose: 2 mg/kg	Oral	D1-14			
Trastuzumab + Capecitabine	No information	Trastuzumab (H)	Loading dose: 8 mg/kg	Intravenous	D1 all subsequent cycles	The cycle is repeated every 21 days	Check recommendations for prevention of nausea and vomiting of oral agents	148
		Capecitabine (X)	Maintenance dose: 6 mg/kg	Oral	D1-14			
Trastuzumab + Capecitabine + Docetaxel	No information	Trastuzumab (H)	Loading dose: 8 mg/kg	Intravenous	Weekly	The cycle is repeated every 21 days	Check recommendations for prevention of nausea and vomiting of oral agents	149
		Capecitabine (X)	Maintenance dose: 6 mg/kg	Oral	D1-14			
Trastuzumab + Docetaxel	M77001	Docetaxel (T)	75	Intravenous	D1	Frist Step. repeat the cycle every 3 weeks for a total of 6 cycles. Followed by:	No information	150
		Trastuzumab (H)	Loading dose: 4 mg/kg	Intravenous	Weekly			
Trastuzumab + Docetaxel	M77001	Docetaxel (T)	100	Intravenous	every 3 weeks	Repeat the cycle until completing one year		
		Trastuzumab (H)	Maintenance dose: 2 mg/kg	Intravenous	every 3 weeks			

THERAPY FOR METASTATIC TUMORS										
COMBINATION REGIMENS FOR TYPE HER2 POSITIVE										
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC	COMMENTS	BIBLIOGRAPHIC REFERENCES		
Trastuzumab + Docetaxel	No information	Trastuzumab (H)	Loading dose: 4 mg/kg	Intravenous	D8 and D15	The first cycle is administered weekly for 3 weeks, 1 week rest. For subsequent cycles:	No information	151		
		Maintenance dose: 2 mg/kg								
		Docetaxel (T)	35	Intravenous	D1, D8 and D15		The cycle is repeated every 4 weeks		No information	
		Trastuzumab (H)	2 mg/Kg	Intravenous	Weekly					
		Docetaxel (T)	35	Intravenous	Weekly					
Trastuzumab + Gemcitabine	No information	Trastuzumab (H)	Loading dose: 4 mg/kg	Intravenous	Weekly	The cycle is repeated every 21 days	No information	152		
		Maintenance dose: 2 mg/kg								
		Gemcitabine	1200	Intravenous	Weekly for 2 weeks					
Trastuzumab + Lapatinib	No information	Trastuzumab (H)	Loading dose: 4 mg/kg	Intravenous	Weekly	Continued until progression of disease progression	Check recommendations for prevention of nausea and vomiting of oral agents	153,154		
		Maintenance dose:2 mg/kg								
		Lapatinib	1000 mg	Oral	Daily					
Trastuzumab + Paclitaxel	No information	Trastuzumab (H)	Loading dose: 8 mg/kg	Intravenous	Every 3 weeks	First Step, repeat the cycle every 3 weeks for a total of 6 cycles. Followed by:	No information	155		
		Maintenance dose:6 mg/kg								
		Paclitaxel (T)	175	Intravenous	Every 3 weeks				After completion of chemotherapy or until disease progression	
		Trastuzumab (H)	6 mg/Kg	Intravenous	Every 3 weeks until completing one year					
Trastuzumab + Paclitaxel	No information	Trastuzumab (H)	Loading dose: 4 mg/kg	Intravenous	Weekly	The cycle is repeated every 21 days	No information	156		
		Maintenance dose:2 mg/kg								
		Paclitaxel (T)	175 (for 3h)	Intravenous	D1					

THERAPY FOR METASTATIC TUMORS							
COMBINATION REGIMENS FOR TYPE HER2 POSITIVE							
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC	BIBLIOGRAPHIC REFERENCES
Trastuzumab + Paclitaxel	No information	Trastuzumab (H)	Loading dose: 4 mg/kg	Intravenous	Weekly	Weekly	157
			Maintenance dose:2 mg/kg				
		Paclitaxel (T)	90	D1			
Trastuzumab + Vinorelbine	No information	Trastuzumab (H)	Loading dose: 4 mg/kg	Intravenous	Weekly	Repeat the cycle weekly until disease progression	158,159
			Maintenance dose:2 mg/kg				
		Vinorelbine (N)	25	Weekly			
THERAPY FOR METASTATIC TUMORS							
REGIMENS OF SOLE AGENTS							
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC	BIBLIOGRAPHIC REFERENCES
Abraxane (nanoparticles albumin-bound to paclitaxel)	No information	Abraxane	260	Intravenous	D1	Repeats the cycle every 21 days	160
Abraxane (nanoparticles albumin-bound to paclitaxel)	No information	Abraxane	125	Intravenous	D1, D8 and D15	Repeats the cycle every 28 days	161
Abraxane (nanoparticles albumin-bound to paclitaxel)	No information	Abraxane	260 (30 minnutes)	Intravenous	D1	Repeats the cycle every 21 days	162
			100		D1, D8 e D15	Repeats the cycle every 28 days	
Pegylated Liposomal Doxorubicin	No information	Pegylated Liposomal Doxorubicin	50	Intravenous	D1	Repeats the cycle every 28 days	163
Pegylated Liposomal Doxorubicin	No information	Pegylated Liposomal Doxorubicin	40	Intravenous	D1	Repeats the cycle every 28 days	164
Fulvestrant	No information	Fulvestrant	250	Intramuscular	D1	Repeat administration every month	165

THERAPY FOR METASTATIC TUMORS							
REGIMENS OF SOLE AGENTS							
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC	BIBLIOGRAPHIC REFERENCES
Fulvestrant	EFFECT	Fulvestrant	500mg loading dose D1, then 250mg on days D14 and D28	Intramuscular	Monthly	Repeat the monthly cycle until disease progression	No information 166
Fulvestrant	FIRST	Fulvestrant	500	Intramuscular	D0, D14 and D28	Repeats the cycle every 28 days	No information 167
Gemcitabine	No information	Gemcitabine	1200 (30 minutes)	Intravenous	D1, D8 and D15	Repeats the cycle every 28 days	No information 168
Ixabepilone	No information	Ixabepilone	40	Intravenous	D1	Repeats the cycle every 21 days	No information 169,170
			40 (3 h)	Intravenous	D1		
Letrozole	No information	Letrozole	2,5	Oral	Daily	Undefined	Metastatic (first line in post-menopausal women). HER2 negative 111
Trastuzumab (Herceptin)	No information	Trastuzumab (H)	Loading dose: 8 mg/kg Maintenance dose: 6 mg/kg	Intravenous	Repeat every 21 days	Continues at a dose of 6mg/kg to disease progression	HER-2 Positive 171
Vinorelbine (Navelbine)	No information	Vinorelbine (N)	Loading dose: 80 Maintenance dose: 60	Intravenous	Weekly	Weekly, at least 12 weeks	Metastatic (first line). Well tolerated in elderly patients After 3 administration of maintenance dose, test myelotoxicity 172
PALLIATIVE THERAPY							
MONOTHERAPY							
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC	BIBLIOGRAPHIC REFERENCES
Capecitabine (Xeloda)	No information	Capecitabine (X)	1000 (2x/day) for 2 weeks	Oral	Daily	No information	No information 173
Dietilestilbestrol	No information	Dietilestilbestrol	6 mg	Oral	Daily	No information	No information 174
Fulvestrant	No information	Fulvestrant	250 mg	Intramuscular	D1	Repeat administration every 28 days	No information 165

Gemcitabine	No information	Gemcitabine	1200 mg/m ² (30 minutes)	Intravenous	D1, D8 and D15	Repeat the cycles every 28 days	Metastatic	168
Trastuzumab (Herceptin)	NCT 00045032	Trastuzumab (H)	Loading dose: 8 mg/kg Maintenance dose: 6 mg/kg	Intravenous	Weekly	Repeat the cycles every 21 days	Continues at a dose of 6 mg/kg to disease progression	175
Trastuzumab (Herceptin)	HERA	Trastuzumab (H)	Loading dose: 8 mg/kg Maintenance dose: 6 mg/kg	Intravenous	Weekly	Repeats the cycle every 21 days up to 2 years	After adjuvant chemotherapy and / or radiotherapy	176
PALLIATIVE THERAPY								
COMBINATION REGIMENS								
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC	COMMENTS	BIBLIOGRAPHIC REFERENCES
Docetaxel + Doxorubicin	No information	Docetaxel (T)	75	Intravenous	D1	Repeating the cycle every 21 days to a maximum of 8 cycles	Only in case of visceral metastasis whose need for responsefast supplant risk of toxicity	177
		Doxorubicin (A)	50	Intravenous	D1			
Gemcitabine + Paclitaxel	No information	Gemcitabine (G)	1250	Intravenous	D1 and D8	The cycle is repeated every 21 days	No information	120
		Paclitaxel (T)	175	Intravenous	D1			
LHRH + Tamoxifen	No information	Goserelin	3,6 mg	Subcutaneous	D1	Even prohibitive toxicity	Woman premenopausal	178
		Tamoxifen	20 mg	Oral	Daily			
XT	No information	Capecitabine (X)	1250 (2x/day)	Oral	D1-14	The cycle is repeated every 21 days	Capecitabine can decrease the dose of 825-1000 mg/m ² oral (2x/day) on days 1-14 to reduce the risk of toxicity without compromising clinical efficacy	138
		Docetaxel (T)	75	Intravenous	D1			

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Table 5: Breast Cancer Protocols from 2011 to 2015

PROTOCOLS OF BREAST CANCER (2011-2015)						
NEOADJUVANT THERAPY						
TYPE HER2 UNKNOWN						
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC
FAC → Docetaxel	No information	5-Fluorouracil (F)	500 (Bolus)	Intravenous	D1	The cycle is repeated every 21 days for 3 cycles, followed by:
		Doxorubicin (A)	50 (Bolus)	Intravenous	D1	
		Cyclophosphamide (C)	500 (Bolus)	Intravenous	D1	
		Docetaxel (T)	100	Intravenous	D1	The cycle is repeated every 21 days for a total of 3 cycles
Anastrozole + Goserelin	No information	Anastrozole	1 mg	Oral	Daily	Initiated 24 weeks before surgery until withdrawal criteria
		Goserelin	3,6 mg	SC	every 28 days	
						No information
						179
						180

NEOADJUVANT THERAPY							
TYPE HER2 POSITIVE							
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC	BIBLIOGRAPHIC REFERENCES
Docetaxel + Trastuzumab + Pertuzumab	NeoSphere Trial (CLEOPATRA)	Trastuzumab (H)	Loading dose: 8 mg/kg	Intravenous	D1	Repeat every 21 days	Emetogenic potential: Low. 181
			Maintenance dose: 6 mg/kg				
		Pertuzumab	Loading dose: 840 mg	Intravenous	D1		
			Maintenance dose: 420 mg				
Docetaxel (T)		Docetaxel (T)	75 – 100	Intravenous	D1	Repeat until a total of 6 cycles, followed by:	Emetogenic potential: Low. Check recommendation s for prevention of nausea and vomiting of oral agents. Potential Anafi Lactic: high 182
			Lapatinib				
		Trastuzumab (H)	Loading dose: 4 mg/kg	Intravenous	Weekly		
			Maintenance dose: 2 mg/kg				
Paclitaxel (T)		Paclitaxel (T)	80	Intravenous	Weekly	Repeat for 12 weeks	
NEOADJUVANT THERAPY							
TYPE HER2 POSITIVE							
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC	BIBLIOGRAPHIC REFERENCES
T → FEC + Trastuzumab + Lapatinib	CHER-LOB Study	Paclitaxel (T)	80 (1 h)	Intravenous	D1	Repeat the cycle every 7 days for a total of 12 cycles	Emetogenic potential: high. Check recommendation s for prevention of nausea and vomiting of oral agents. Potential Anafi Lactic: high (for paclitaxel) 183
		5-Fluorouracil (F)	600	Intravenous	D1	Repeat the cycle (FEC) every 21 days	
		Epirubicina (E)	75	Intravenous	D1		
		Cyclophosphamide (C)	600	Intravenous	D1	Repeat the cycle until you have completed 26 weeks	
		Trastuzumab (H)	Loading dose: 4 mg/kg (90 min on D1)	Intravenous	Concomitant with any chemotherapy. Weekly up to 24 weeks		
			Maintenance dose: 2 mg/kg (30 min)				
Lapatinib	1000 mg/day	Oral	Concomitant with any chemotherapy, from D1				

Trastuzumab + Docetaxel	No information	Trastuzumab (H)	<div> Loading dose: 4 mg/kg Maintenance dose: 2 mg/kg </div>	Intravenous	Weekly	After local surgical treatment continue:	No information	179
			No information					
			<div> Loading dose: 8 mg/kg Maintenance dose: 6 mg/kg </div>					
Trastuzumab + Paclitaxel	No information	Trastuzumab (H)	<div> Loading dose: 4 mg/kg Maintenance dose: 2 mg/kg </div>	Intravenous	Weekly	After local surgical treatment continue:	No information	179
			No information					
			<div> Loading dose: 8 mg/kg Maintenance dose: 6 mg/kg </div>					
FAC → Docetaxel	No information	Docetaxel	100	Intravenous	D1	The cycle is repeated every 21 days for a total of 3 cycles	No information	179

ADJUVANT THERAPY

COMBINATION REGIMENS OF DOSE-DENSE FOR TYPE HER2 NEGATIVE

ADJUVANT THERAPY							
COMBINATION REGIMENS FOR TYPE HER2 POSITIVE							
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC	BIBLIOGRAPHIC REFERENCES
FAC → Docetaxel	No information	5-Fluorouracil (F)	500 (Bolus)	Intravenous	D1 e D8	The cycle is repeated every 21 days for 3 cycles, followed by:	No information 179
		Doxorubicin (A)	50 (Bolus)	Intravenous	D1		
		Cyclophosphamide (C)	500 (Bolus)	Intravenous	D1		
		Docetaxel (T)	100	Intravenous	D1	The cycle is repeated every 21 days for a total of 3 cycles	
THERAPY FOR METASTATIC TUMORS							
METASTATIC BREAST CANCER							
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC	BIBLIOGRAPHIC REFERENCES
Everolimus + Exemestane	BOLERO-2	Everolimus	10 mg	Oral	Daily	No information	After previous treatment with letrozole or anastrozole. 184
		Exemestane	25 mg	Oral	Daily		
THERAPY FOR METASTATIC TUMORS							
COMBINATION REGIMENS FOR TYPE HER2 NEGATIVE							
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC	BIBLIOGRAPHIC REFERENCES
Liposomal Cisplatin + Vinorelbine	No information	Liposomal Cisplatin	120	Intravenous	D1, D8 and D15	The cycle is repeated every 21 days	No information 185
		Vinorelbine (N)	30	Intravenous	D1 and D8		
THERAPY FOR METASTATIC TUMORS							
COMBINATION REGIMENS FOR TYPE HER2 POSITIVE							
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE (mg/m ²)	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC	BIBLIOGRAPHIC REFERENCES
Trastuzumab + Paclitaxel	No information	Trastuzumab (H)	Loading dose: 4 mg/kg	Intravenous	Weekly	Weekly	No information 186
			Maintenance dose: 2 mg/kg				
			Paclitaxel (T)	90	Intravenous	Weeks 1 to 6, 8 to 13	

THERAPY FOR METASTATIC TUMORS							
REGIMENS OF SOLE AGENTS							
PROTOCOL	TRIAL	DRUGS NAMES	DOSAGE	ROUTE OF ADMINISTRATION	DAYS OF ADMINISTRATION	SCHEME THERAPEUTIC	BIBLIOGRAPHIC REFERENCES
Eribulin (Halaven)	EMBRACE	Eribulin	1,4 mg/m ²	Intravenous	D1 and D8	Repeat every 21 days	Metastatic after phase two chemotherapeutic regimens for advanced cancer (Antracilina and taxane) 187
T-DM1 (Kadcyla)	EMILIA Trial	Trastuzumab emtansine	3,6 mg/kg	Intravenous	Repeat every 21 days	No information	HER-2 Positive 188

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rationalized in their use and organized to make their application practical. Among the many advantages observed after the implementation of this model of care is the significant increase in the safety and quality of care, since it attenuates the variability of clinical behavior.

The diversity of procedures, especially the pharmacotherapeutics, available today for breast cancer, as well as the urgent need for transparent and rational communication with patients require the elaboration and adoption of tools that are simple and capable of expediting the provision of these services. Among them, the development of evidence-based clinical protocols is increasingly valued.

Protocols are considered an important tool for coping with various problems in service delivery and management. They focus on the standardization of clinical and surgical procedures in outpatient and hospital settings.

The results obtained in this review demonstrate the amount of information available for breast cancer treatment and the difficulty of summarizing it. However, it also demonstrates the relentless struggle of researchers to find a solution to breast cancer in a puerile attempt to overcome the disease.

In spite of the attempts and endless drugs used, what is perceived is that we are losing the fight, and contrary to every arsenal, millions of people die of cancer worldwide.

We hope that this review may help, in particular countries with low health resources, in the definition of efficient protocols and in accordance with the reality of each country. As well as setting a milestone in evidence-based search, helping the world in the fight against breast cancer.

DECLARATION OF CONFLICTS OF INTEREST

The authors state that do not have any conflicts of interest

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